FITNESS MASSAGE SYSTEM



USER MANUAL



0	1. Introduction	
3	1-1. RecoPro Introduction	•*•*•
3 5 5 6	 2. Information on safety and handling 2-1. Operation of the RecoPro Fitness Massage System 2-2. Massage use 2-3. Massage leg sleeve safekeeping and maintenance 2-4. RecoPro safekeeping and maintenance 2-5. Miscellaneous 	CONTENTS
7	3. Product package 3-1. Fitness Massage System	
8 8 9 10	 4. Fitness Massage product description 4-1. RecoPro specifications 4-2. RecoPro views 4-3. Fitness Massage System appearance, names and functions of butto 4-4. Leg massage sleeve specifications 	ons
	5. Product use and procedure	
10 11 11 11 12 13 13	 5-1. Massage setup and use 5-2. Massage level setting 5-3. Massage time setting 5-4. Massage mode setting 5-5. Optional massage zone setting 5-6. How to connect the air massage tubing to the RecoPro 5-7. Leg massage sleeve connection 	
14 14	6. Troubleshooting 6-1. General troubleshooting 6-2. Other faults	

1 Introduction

1-1. RecoPro Introduction

Thank you for purchasing the RecoPro.

The operating principle is that the air from the RecoPro will be delivered to the 4 air chambers and the air sequentially inflates the chambers from 1st to 4th for a gentle massage of feet and legs.

This user's manual contains information on how to use, keep and repair this product. Please, be well informed of this manual in order to use this product correctly and to prevent malfunctions. Please keep this manual with the RecoPro and read it thoroughly and carefully before using the system properly.



Information on safety and handling

2-1. Operation of the RecoPro Fitness Massage System

- The RecoPro is for indoor use only. Do not use the RecoPro in highly humid places, e.g., sauna or, bathroom.
 (Humid environment may result in mechanical defect or physical damage caused by an electric shock or scald.)
- When using or transporting this product please take care not to shake or drop this RecoPro as it may cause the RecoPro to malfunction or fail to operate.
- Do not insert many plugs in an outlet.

 (Use an outlet that has a circuit breaker to prevent the risk of fire.)



- Insert the plug completely in an outlet to prevent the risk of fire.
- Do not fold or bend the wire by force or put any heavy objects on the wire. (Otherwise, it may lead to a risk of fire.)
- Do not turn on the power switch before applying sleeve to a user. Connect the tubings after the sleeve are applied to the user. Turn the power on to the RecoPro after connecting the tubings to the air socket at front of RecoPro to ensure self check.
- Unplug the RecoPro in case of thunder, lightning, or power failure.

- Stop using the RecoPro in case of odor while using the RecoPro. In this case, turn off the electric power and pull out plug from outlet, and then inform it to service center.

(Fire accidents & electric shocks possible.)

- Do not touch signal input, signal output or other connectors, and the user simultaneously.



Do not place any objects on the RecoPro.
 (During operation, these objects may drop from the RecoPro and cause a fire or physical injury to the user.)

- Do not put or pull out a power line from a socket with wet hands. (fire or electric shock may occur.)
- Do not pull the wire to move the RecoPro.

 (If the wire is damaged, it may cause a fire or electric shock during use.)
- Grip the plug, not the wire, when plugging or unplugging the RecoPro. (It may result in physical damage caused by an electric shock or scald.)



- Do not use oil, benzene, alcohol, or any other chemicals to clean the RecoPro or sleeve. The RecoPro may be gently wiped with a dry towel or cloth.
- Be careful to not let dust, water or other fluids come in contact with or seep inside the main unit of this RecoPro. Do not place the main unit where it could fall into water or be pulled into water. Do not use this RecoPro while bathing or near water.
- Be cautious to prevent water or other foreign substances from getting into the inside of RecoPro.
 (It may cause failure, electric shock or fire.)
- Do not use the RecoPro in an area with strong magnetic field or electromagnetic field. It may cause an error of motor or valve.

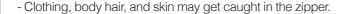


- Do not attempt to open, repair, or modify this RecoPro.

Doing so may lead to a risk of fire, electric shock, or injury to the user.

2-2. Massage use

- Do not fold or bend the tubing.





- The leg massage sleeve may cause rash or allergic reaction when it is used for the first time. In that case, remove the sleeve immediately.
- Use the leg massage sleeves while wearing thin clothes.

- Any item(s) should be removed from the pocket(s) or leg(s) of a user before wearing the sleeves.

(Otherwise, it may result in damage to the items or the sleeves.)



- If the RecoPro malfunctions in any way, stop the RecoPro immediately with the Start/Stop button.
- Make sure to unplug the RecoPro after use, and store sleeve in a safe place.
- Do not use this RecoPro in environments where there is the possibility of water penetration including rain or humid places.

2-3. Massage leg sleeve safekeeping and maintenance

- Check the RecoPro and its parts on a regular basis.



- Check cleanliness and safe operation before using the RecoPro when the RecoPro is not used for a long time.
- Keep in a safe place with stable operating temperature, humidity or atmospheric pressure.
- Do not fold or bend sleeves by force or put heavy objects on it.



- Except testing the RecoPro, do not blow air into the sleeve without wearing. Do not use other products, except our RecoPro, to blow air into sleeve. It may cause damage to sleeve.
- Sleeve is not washable.

 (The durability of sleeve may be weaker if it is wet.)

2-4. RecoPro safekeeping and maintenance

- Immediately request maintenance from a vendor or customer service center in case of any damage to the RecoPro.



- Check cleanliness and safe operation before using the RecoPro when the RecoPro has not been used for a long time.
- When the RecoPro is installed or carried, be careful not to shake or drop the RecoPro.
- Inspect the RecoPro and accessories on a regular basis.
- Prior to using the RecoPro, confirm that the RecoPro is clean and functions properly.



- Do not attempt to open, repair, or modify this RecoPro.

Doing so may lead to a risk of fire, electric shock, or injury to the user.

2-5. Miscellaneous

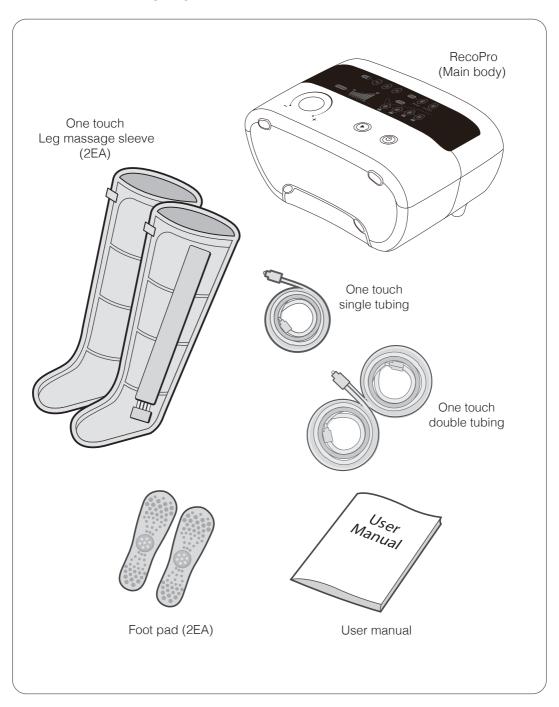


- Stop the RecoPro immediately if any of the following occurs:.
 - * Any abnormal symptoms in your body including feet, calves or legs during the massage application.

Disclaimer: RecoPro is not a medical device. It is not for medical purposes and makes no medical claims. RecoPro has not been evaluated by the FDA and is not for any medical purposes whatsoever. RecoPro is a general wellness product, relaxation and fitness massage system.

Product package

3-1. Fitness Massage System





Fitness Massage product description

4-1. RecoPro specifications

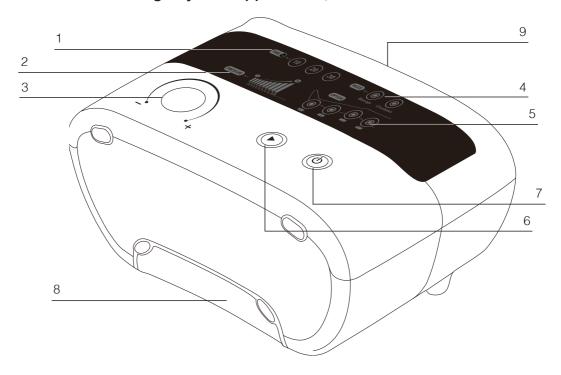
Items	Specification
Model	RX99 Fitness Massage
Rating Protection Type	BF-type RecoPro
Power course	AC120V, 60Hz
Power source	AC220~240V, 50/60Hz
Power Consumption	40W
Cotting Procesure	20~200mmHg ±20mmHg
Setting Pressure	27~267hPa ±27hPa
Time range	10, 20, 30min
Mode	Massage, 1 and 2
Dimension	260(W) x 180(D) x 130(H)mm
Weight	2Kg (only body)
Fuse	T2A/250V
Standard for Motor-Operated Massage and Exercise Machines	UL 1647
Motor-operated appliances (household and commercial)	CSA-C-22.2 No.68

4-2. RecoPro views



Bottom Top

4-3. Fitness Massage System appearance, names and functions of buttons



No	Name	Function
1	Operating time touch / display	Button to set up the operating time.
2	Massage level display	Display to indicate the operating massage level.
3	Level control knob	Knob that controls the operational massage level.
4	Massage modes touch / display	Button to set up the operating mode.
5	Optional care touch button / display	Button to select or remove the massage chamber operated.
6	Start / Stop button	Button to start/stop the RecoPro after set up the options.
7	Power ON / OFF button	Button to turn the power on / off.
8	Air socket	Socket for the connection of air tubing.
9	Grip	Use the grip to move the RecoPro.

4-4. Leg massage sleeve specifications

- Use an extension zipper if the leg massage sleeve does not fit you.
- Zip down completely and put the extension zipper between the leg sleeve and zip up.



Code	Sleeve names and sizes
ACg0410-3	MASSAGE LEG SLEEVE (M)
ACg0410	MASSAGE LEG SLEEVE (L)
ACg0410-1	MASSAGE LEG SLEEVE (XL)
ACg0410-2	MASSAGE LEG SLEEVE (XXL)



Product use and procedure

5-1. Massage setup and use

- 1) Place the RecoPro on a hard and flat table connect to a power outlet.
- 2) Connect the sleeve to the RecoPro with the connectable tubing(s).
- 3) Turn on the power switch at the top of the RecoPro.
- 4) Set the operation time, mode and massage mode by pushing the button on the top of the RecoPro.
- 5) Start the massage operation.

5-2. Massage level setting



5-3. Massage time setting



- The timer is comprised of 10, 20, and 30 minute massage interval buttons.
- Press any time interval button you desire.
- User is able to change massage time intervals while operating the RecoPro.

5-4. Massage mode setting



- The RecoPro has two operating massage zone modes.
- Press the massage mode you want to operate.

5-4-1. Massage MODE 1 - single zone



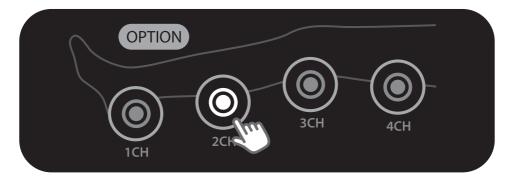
In Massage MODE 1, the RecoPro will gently air massage in selected chamber 1 to 4 in consecutive order.

5-4-2. Massage MODE 2 - all zones



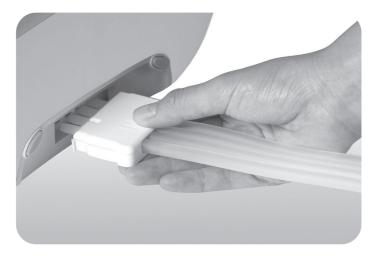
In Massage MODE 2, the RecoPro will gently air massage in selected chamber 1 to 4 in a cumulative manner.

5-5. Optional massage zone setting



- In option massage zone, user can choose any chamber to have the massage.
- User is able to set this mode in both Massage 1 and Massage 2.

5-6. How to connect the air massage tubing to the RecoPro

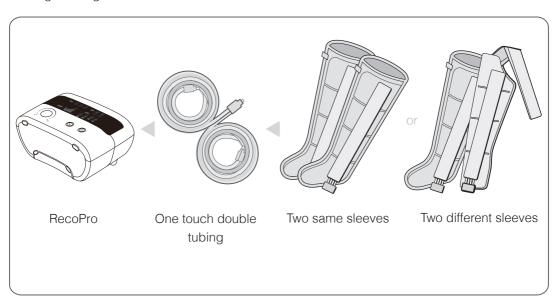


- Plug in the tubing to the air socket.

 (Be careful with the direction of the plug.)
- If the pressure starts from the 4th chamber or the air leaks, take out the tubing and plug in again.

5-7. Leg massage sleeve connection

Two leg massage sleeves + RecoPro



6 Troubleshooting

6-1. General Troubleshooting

No	Problem	Cause	Solution
1	No electric power	Power connection error	Check that the plug is correctly inserted into the power outlet
2	Power on but not operating	Power supply error	Turn power to the RecoPro off and on
3	Noisy during	Setting condition	Check that the RecoPro is installed horizontally
	operating		Check that there is nothing laying on top of the RecoPro or underneath
4	No air in the tubing	air in the tubing Tubing connection error or bent tubing	Check that the tubing is inserted correctly into the RecoPro
			Check that the tubing is not bent
5	Air is going through the tubing in the wrong order	Connection fault	Check that the plug is correctly inserted into the outlet

6-2. Other faults

No	Problem	Cause	Solution
		Damaged tubing	
1	Weak air comes out	Damaged air tubing socket	Contact the fitness massage distributor.
		Broken internal components	
2	Doesn't work while power is on	Broken internal components	Contact the fitness massage distributor.



- * We cannot be responsible for any defect occurred from user's careless use or in case of the following, even though warranty period :
 - 1. Malfunctions caused by strong impact.
 - 2. In case user repairs or reproduces internal part arbitrarily.
 - 3. In case of using the RecoPro in prohibited place.
 - 4. Sleeve is articles of consumption.

Name	Fitness Massage System
Model name	RecoPro Fitness Massage System
Warranty	RecoPro : 1 year
Fitness Massage System Distributed By:	Wellness USA _{Inc.}